

**SEPAG VIRTUAL WORKSHOP AND MEETING**  
**EMPOWERING TEENS**  
**WHILE PROTECTING THEIR MENTAL HEALTH**



**WEDNESDAY, MAY 31ST 7:00 - 8:00 PM**

Joanna Buset, Licensed Professional Counselor, Care Plus NJ  
will present ideas for empowering your teen while protecting their  
mental health.

The SEPAG general meeting will follow the presentation

**How to Join:**

Join Google Meet: <https://meet.google.com/wov-upnz-xf>  
or dial (US) +1 414-797-1663 PIN: 685 679 527#

